

**2013 Boys & Girls Club 5K - 10/19/2013****Chambersburg, PA****Rankings****Event 1 Mixed 5k Run RR**

Name	Age Team	Avg Mile	Finals	Points
20-29 Results - Women 5000 Run				
1 Ann, Hospelhorn	W29 Unattached	9:06.9	28:18.87	
2 Melanie, Ott	W28 Unattached	9:23.7	29:11.26	
3 Amanda, Sgrignoli	W25 Unattached	9:26.7	29:20.44	
4 Kristen, Niswander	W26 Unattached	11:37.9	36:08.04	
5 Mindy, Knoll	W26 Unattached	11:40.7	36:16.96	
6 Kelly, Reeder	W29 Unattached	12:08.0	37:41.72	
7 Jen, Timmons	W29 Unattached	13:01.4	40:27.57	
8 Renee, Wingert	W26 Unattached	19:45.1	1:01:21.68	
30-39 Results - Women 5000 Run				
1 Linas, Ledebur	W31 Unattached	7:51.8	24:25.59	
2 Kyra, Tanner	W30 Unattached	8:12.8	25:30.96	
3 Carin, Morris	W35 Unattached	9:24.4	29:13.26	
4 Crystal, Collier-Walker	W34 Unattached	9:48.8	30:29.16	
5 April, Coledebur	W31 Unattached	10:45.0	33:23.93	
6 Emily, Gorman	W30 Unattached	12:51.2	39:55.95	
40-49 Results - Women 5000 Run				
1 Jennifer, Cappuccio	W42 Unattached	10:22.8	32:14.82	
2 Lisa, Stoner	W44 Unattached	10:23.5	32:16.87	
50-59 Results - Women 5000 Run				
1 Margaret, Horioka	W58 Unattached	10:32.1	32:43.85	
2 Judy, Wingert	W55 Unattached	19:45.4	1:01:22.60	
60-69 Results - Women 5000 Run				
1 Patricia, Phenicie-Grand	W64 Unattached	10:16.1	31:54.16	
30-39 Results - Men 5000 Run				
1 Lee, Knoll	M32 Unattached	7:13.7	22:27.45	
2 Dustin, Timmons	M34 Unattached	7:36.1	23:36.91	
3 Michael, Tanner	M30 Unattached	8:16.7	25:43.05	
4 Jordan, Peffer	M30 Unattached	8:52.6	27:34.44	
5 Bryan, Knoll	M30 Unattached	8:53.4	27:36.92	
40-49 Results - Men 5000 Run				
1 Bill, Dann	M45 Unattached	5:43.3	17:46.45	
2 Jaime, Dick	M42 Unattached	5:57.9	18:31.81	
3 Eddiee, Morris	M42 Unattached	7:01.9	21:50.77	
4 Ron, Leigh	M48 Unattached	9:57.8	30:57.00	
5 Allen, Bishop	M40 Unattached	12:51.4	39:56.60	
50-59 Results - Men 5000 Run				
1 Craig, Leshner	M53 Unattached	6:29.1	20:08.71	
2 Peter, Holdaway	M50 Unattached	7:09.0	22:12.69	
3 Grant, Gayman	M57 Unattached	7:11.2	22:19.60	
4 Myron, Kremer	M56 Unattached	7:19.5	22:45.44	
60-69 Results - Men 5000 Run				
1 Mike, Hayduk	M63 Unattached	7:42.4	23:56.39	
70+ Results - Men 5000 Run				
1 Jim, Becker	M71 Unattached	7:24.3	23:00.17	